Ashwaubenon Community Center
900 Anderson Dr
(920)492-2331
seniors@ashwaubenon.gov

Ashwaubenon's Seniors

Always laugh when you can. It is cheap medicine.
Lord Byron

LUNCH & LEARN: ADVANCED DIRECTIVES

Special points of interest:

- **Lunch & Learn Tuesday, February 14th will focus on Advanced Directives and Power of Attorney at 12pm**
- **Woodside will provide a social worker to answer any questions and can be a legal witness to any documents you need signed.**
- **Woodside will provide lunch.**

Are you overwhelmed with the idea of preparing a legally executed Power of Attorney and Advanced Directive?

Have no fear! Woodside is here. Yes, here at the Community Center, Tuesday, February 14th at 12pm with their experts on Power of Attorney and Advanced Directives.

Woodside's social worker will help you step by step through the process and answer any questions you may have. Woodside's social worker is also able to act as a legal witness to any POA or Advanced Directive documents you may have.

Please pre-register by Friday, February 10th. Late registrations will NOT be accepted.

Lunch is provided by Woodside.

This event is FREE!

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THE WORK: JOURNALING THROUGH ANXIETY

Are you encountering a stressful situation or have anxiety that you have no idea how to resolve?

Join Kevin Smith, Tuesdays at 10am beginning February 7th for The Work. The Work consists of journaling through 4 questions.

Kevin has been using this technique for years and will guide each Tuesday through the questions and discussions.

No pre-registration is necessary. Just come on over!

Please bring paper and a pen/pencil.

This event is FREE!

THE PROPSAL

A pushy boss that neglects to get her Visa renewed manipulates her secretary into marrying her so she can stay stateside. But, this rom-com comes with a twist!

The Proposal, starring Sandra Bullock and Ryan Reynalds is February's Matinee, Tuesday, February 7th at 1pm. This entertaining comedy runs 1hr 48mins.

Popcorn will be provided.

This event is FREE!

Be thou the rainbow in the storms of life.
Lord Byron

AN AMERICAN MARRIAGE

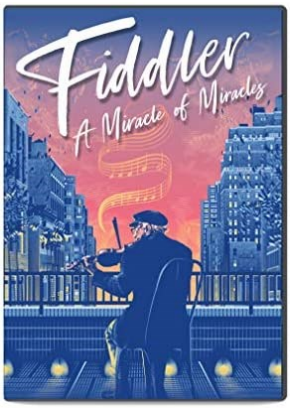
Celestial and Roy are newly weds living the American Dream. Roy an executive and Celestial an up and coming artist. Then unforeseen tragedy and injustice strike!

An American Marriage by Tayari Jones is February's book club novel. Join us February 8th at 1pm for a lively discussion!

Interested but don't have the book?

Stop by the Ashwaubenon Branch Library and pick one up!

FIDDLER: A MIRACLE OF MIRACLES



Fiddler on the Roof opened on Broadway in 1964, and has entertained audiences for more than 50 years! Generation after generation in every country around the world, Fiddler on the Roof is beloved!

How did a successful musical of this magnitude begin?

February's Documentary: Fiddler: A Miracle of Miracles explores the origin story of this Tony Awarded Broadway Musical.

Join us Friday, February 17th at 9:30am for our Donuts & Documentaries!

Donuts and coffee will be served.

This event is FREE!

LOOKING AHEAD

Wednesday, March 1st: Embroidery Club 9am

Tuesday, March 7th: Matinee 1pm

Rise

Wednesday, March 8th: Book Club 1pm

Loving Frank

Tuesday, March 14th: Lunch & Learn

Advocating for Yourself in Today's Healthcare System

Friday, March 17th: Donuts & Documentaries 9:30am

The Alpinist

Tuesday, March 28th: Card Making 6:30pm

Wednesday, March 29th: Card Making 9:30am

Mondays: Sewing Club 9am

Tuesdays: Line Dancing 9am, Knitting Club 9am & The Work at 10am

Wednesdays: Walking Club 9am, Wii Bowling 10am & 1pm, Mahjong 1pm

Thursday: A Studio for Artists 9am

February 2023

Senior Events Calendar
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 *9am walking club* *10am wii bowling* *1pm wii bowling* *1pm mahjong*	*2* *9am art club* *9:40am senior stretch*	*3* *9am line dancing*	*4*
5	*6* *9am sewing club*	*7* *9am line dancing* *10am knitting club* *10am the work* *1pm matinee* *6:30pm ballroom dancing*	*8* *9am walking club* *10am wii bowling* *1pm wii bowling* *1pm mahjong* *1pm book club*	*9* *9am art club* *9:40am senior stretch*	*10* *9am line dancing* *Marcus Movie Club*	*11*
12	*13* *9am sewing club* *1pm hand, foot,& knee*	*14* *9am line dancing* *10am knitting club* *10am the work* *12pm lunch&learn* *6:30pm ballroom dancing*	*15* *9am walking club* *10am wii bowling* *1pm wii bowling* *1pm mahjong*	*16* *9am art club* *9:40am senior stretch*	*17* *9am line dancing* *9:30am donuts & documentaries*	*18*
19	*20* *9am sewing club*	*21* *9am line dancing* *10am knitting club* *10am the work* *6:30pm ballroom dancing*	*22* *9am walking club* *10am wii bowling* *1pm wii bowling* *1pm mahjong*	*23* *9am art club* *9:40am senior stretch*	*24* *9am line dancing*	*25*
26	*27* *9am sewing club* *1pm hand, foot,& knee*	*28* *9am line dancing* *10am knitting club* *10am the work* *6:30pm ballroom dancing* *6:30pm card making*				