



Saying nothing sometimes says the most.

Emily Dickinson

Wine 101

Inside this issue:

| | |
|--------------------------------|---|
| <i>Dementia Care</i> | 2 |
| <i>Living</i> | 2 |
| <i>Surviving the Serengeti</i> | 2 |
| <i>When Pride Mattered</i> | 3 |
| <i>Card Camp</i> | 3 |
| <i>Wii Bowling</i> | 3 |
| <i>Looking Ahead</i> | 4 |

Have you ever wanted to attend a wine tasting but have felt intimidated that maybe you don't know "enough" about wine to enjoy it? Or maybe you want to take a step back from the more focused events to concentrate on the basics? Either way, Wine 101 is the event for you!

Tasting wine begins from the moment it hits your glass and ends when you've enjoyed the last drops. In between, there's so much to discover! Wine 101's goal is to teach you how to use all of your senses to fully experience

everything wine has to offer. What does the color of a wine tell you? What do I smell in this wine? What is that "pucker" I feel in the back of my cheeks? We will take what we learn and use it to taste and explore several of the world's most popular grapes. You'll learn how the characteristics of a Cabernet Sauvignon differ from a Pinot Noir, a Chardonnay from a Sauvignon Blanc. You will come away with a different awareness of what's in your glass and how it got there, and you may even come away with a new favorite grape varietal. You do not need to know anything at all about wine

to come to this tasting. Just come ready to sip, sniff, savor, and learn - bring your questions! You'll leave feeling you can confidently navigate a wine store shelf (although here at Waterford, we love to help you with that, too!) or self-assuredly come to any of our other events. We all were beginners once. We'd love to welcome you to the world of wine.

The cost is \$26.50/adult.

Please pre-register/pre-pay by Friday, September 13th

Special points of interest:

- Learn all about the basics of wine and wine tasting
- There will be 3 sets of 3 flights for \$26.50/adult
- All levels of wine lovers welcome
- Please pre-pay/pre-register by Friday, September 13th.

Green Bay Rehabilitation

Green Bay Rehabilitation Hospital is a new 40 bed inpatient rehabilitation facility. The hospital provides specialized rehabilitation services for patients with functional deficits as a result of debilitating illnesses or injuries. Through the inpatient rehabilitation

programs, our goal is to help patients recover quickly and return home at their maximum level of independence. Treatment is tailored based upon each patient's medical condition and needs.

Join us, Tuesday, Septem-

ber 17th at 9:30am.

Breakfast will be provided by Oak Park Place.

Please pre-register by Friday, September 13th at 10am.

This event is FREE!

Dementia Care Champion Courses



Dementia Care Champion Courses are designed to guide care partners in developing an awareness about how brain changes impact people's everyday experiences and how our approach impacts this experience. In these workshops, we explore our role as a care partner in enhancing the quality of life for someone living with dementia. By building skills specifically to meet

the needs of the person we are providing cares with, we enhance the experience for us and the person living with dementia.

Join Sheri for one, two or all four sessions:

Champion 1: Wednesday, September 18th at 9am

Champion 2: Wednesday, September 25th 9am

Champion 3: Wednesday, October 2nd 9am

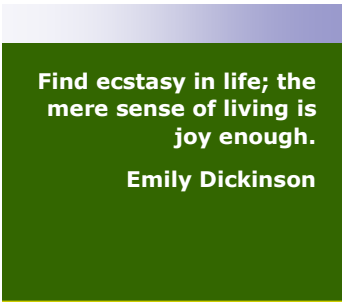
Champion 4: Wednesday, October 9th at 9am.

All sessions will be held at the Ashwaubenon Community Center.

Please pre-register by Friday, September 13th. Attendance will be limited.

This event is sponsored by Right at Home.

Living



Williams, a humorless bureaucrat in 1950's London, receives a diagnosis that will change his life. Deciding that his life may be cut short, Williams takes a leave of absence to pursue the meaning of life.

Join us Tuesday, September

3rd for Living, starting Bill Nighy at 1pm.

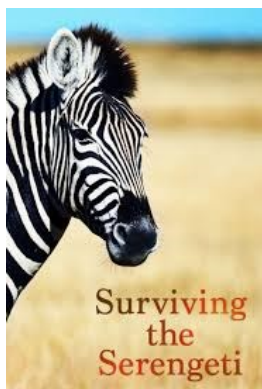
This film runs 1 hr 42 mins.

Popcorn will be available. Please feel free to bring your own snacks and drinks.

This event is FREE!



Surviving the Serengeti



Surviving the Serengeti is an homage to Tales of the Serengeti mini series. 20 years later the crew of tales of the Serengeti reunite to share in this new adventure of frightfully beautiful moments filmed

in the Serengeti, narrated by Michael Krass.

Join us Friday, September 20th at 9:30am for the adventure!

Donuts & coffee will be provided. Please feel free

to bring your own snacks if preferred. This film runs 1 hr.

This event is FREE!

When Pride Still Mattered

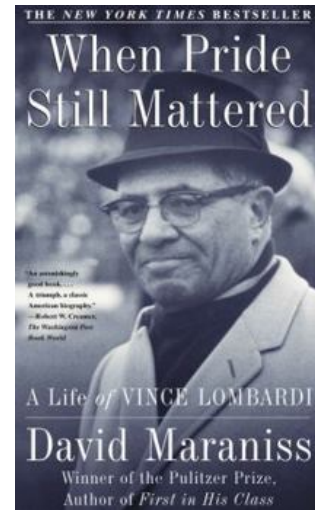
Book Club is back to the regularly scheduled time!

Join us on Wednesday, September 11th at 1pm for a lively discussion of *When Pride Still Mattered: A Life of Vincent Lombardi* by David Maraniss.

David Maraniss' novel follows the life of Vince Lombardi from immigrant son to NFL Legend. Whether you

see Vince Lombardi as a symbol of perseverance, hard work and loyalty or a man obsessed with winning, this book is sure to stir quite the conversation!

When Pride Still Mattered is available at the front desk of the Ashwaubenon Branch Library.



Card Camp

If you enjoy card making with rubber stamps, than this class is for you. Michelle and Connie will be leading this class to help you perfect your cards. You will rotate stations to make 4 awesome cards (3 general and 1 holiday. Please bring your own scissors. All other supplies

provided. Space is limited to 16 people per session. Sign up for any of the 3 time slots:

9am/1pm/5pm.

The cost is \$10/adult.

Must pre-register/prepay by Friday, September 6th at 10am.

My friends are my estate.

Emily Dickinson

Wii Bowling is BACK!

It's back! Wii Bowling is back, starting Wednesday, September 11th 10am/1pm.

No need for new shoes or a ball! We provide everything for this fun virtual bowling experience!

The cost is \$5/month. Play once or twice a week, the cost is still the same!

Come check out the fun!



Looking Ahead

Tuesday, October 1st: Matinee 1pm

October Kiss

Tuesday, October 8th: Lunch & Learn 12pm

Active Adult Communities

Wednesday, October 9th: Book Club 1pm

Friday, October 11th: Pancakes and Politics 9am

Tuesday, October 15th: Cognitive Stimulation 10am

Friday, October 18th: Donuts & Documentaries 9:30am

The Blackwell Ghost

Tuesday, October 22nd: Card Making 6:30pm

Wednesday, October 23rd: Card Making 9:30am

Wednesday, October 23rd: Seniors 4 Seniors 1pm



September 2024

Senior Events Calendar
 Ashwaubenon Community Center
 900 Anderson Dr.
 (920) 492-2331
seniors@ashwaubenon.gov

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|--|---|--|---|-----|
| 1 | 2 | 3 <i>9am line dancing 10am knitting club 11:30am hand & foot 1pm matinee</i> | 4 <i>9am walking club 9am embroidery club 10am/1pm mahjong</i> | 5 <i>9am art club 9:40am senior stretch 10:30am active adults 1pm conversational ukulele</i> | 6 <i>8:45am line dancing</i> | 7 |
| 8 | 9 <i>9am material girls club 10:30am active adults</i> | 10 <i>9am line dancing 10am knitting club 11:30am hand & foot</i> | 11 <i>9am walking club 10am/1pm mahjong 10am/1pm wii bowling 1pm book club</i> | 12 <i>9am art club 9:40am senior stretch 10:30am active adults 1pm conversational ukulele</i> | 13 <i>8:45am line dancing</i> | 14 |
| 15 | 16 <i>9am material girls club 10:30am active adults 1pm hand, knee & foot</i> | 17 <i>9am line dancing 9:30am breakfast with the experts 10am knitting club 6pm ballroom dance</i> | 18 <i>9am walking club 9am dementia 10am/1pm mahjong 10am/1pm wii bowling 4pm wine 101</i> | 19 <i>9am art club 9:40am senior stretch 10:30am active adults 1pm conversational ukulele</i> | 20 <i>8:45am line dancing 9:30am doughnuts & documentaries</i> | 21 |
| 22 | 23 <i>9am material girls club 10:30am active adults</i> | 24 <i>9am line dancing 10am knitting club 11:30am hand & foot 6pm ballroom dance 6:30pm card making</i> | 25 <i>9am walking club 9am dementia 9:30am card making 10am/1pm mahjong 10am/1pm wii bowling 1pm seniors4seniors</i> | 26 <i>9am art club 9:40am senior stretch 10:30am active adults 1pm conversational ukulele</i> | 27 <i>8:45am line dancing</i> | 28 |
| 29 | 30 <i>9am material girls club 10:30am active adults 1pm hand, knee & foot</i> | | | | | |