

# Ashwaubenon's Seniors

*No act of kindness, no matter how small, is ever wasted.*  
Aesop

## WILLS & ESTATE PLANNING

Lunch & Learn returns, Tuesday, February 11th at 12pm.

Join us, as Attorney Devin C. Shanley from Peterson, Berk & Cross, S.C. discusses the importance of creating a comprehensive estate plan. A good estate plan reflects your life and mirrors the values you live out every day. Estate planning is for everyone, not just the wealthy, aging or ill. Mr. Shanley will share how you can develop a plan that pro-

protects your interests and those of your loved ones.

Please pre-register by Friday, February 7th at 10 am.

Lunch is provided by Woodside Senior Living.

This class is free but space is limited, so sign up now!

### SPECIAL POINTS OF INTEREST:

- Briefly highlight your point of interest here.
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## TECHNOLOGY USE & BRAIN WELLNESS

Join the Brain Center at the Community Center, Tuesday, February 4th at 10am to discuss technology and the brain.

Technology use can actually cause structural changes in the brain.

Pings, alerts, rings, and notifications can shift our focus in a way that can lead to long lasting difficulties with paying attention. These can lead to poorer performance on academic, personal, and profes-

sional tasks. Lets embrace neuroplasticity, be mindful and balance our technology use.

Please pre register by Friday, January 31st.

This event is free!

## BREAKFAST AT TIFFANY'S

Breakfast at Tiffany's will be Playing Tuesday, February 4th at 1pm at the Community Center.

Based on the novella by Truman Capote, Breakfast with Tiffany's follows the life of Holly Golightly, a New York socialite solely focused on marrying a millionaire, until

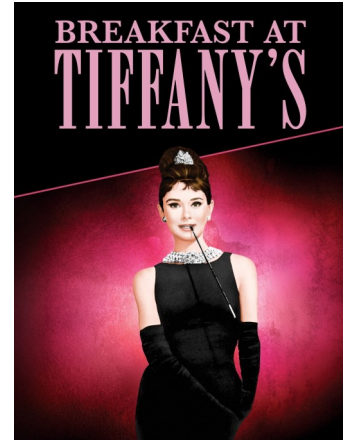
a chance encounter with Paul Varjek, her neighbor. The chemistry ensues!

This film stars Audrey Hepburn.

This film runs: 1hr 55mins.

Popcorn will be available.

Please feel free to bring your own snacks and drinks.



*Gratitude is a sign of noble souls.  
Aesop*

## REMARKABLY BRIGHT CREATURES

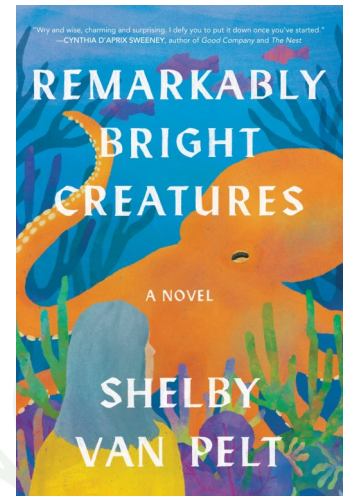
Tova Sullivan, cleans the Sowell Bay Aquarium every night after the crowds leave. One night, she notices something very peculiar, an octopus out of its tank!

Remarkably Bright Creatures by Shelby Van Pelt is Febru-

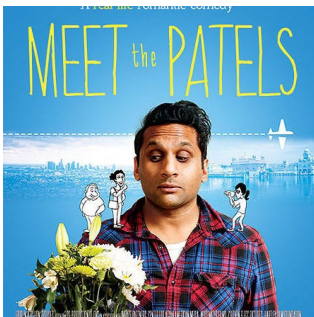
ary's Book Club's novel.

Join us Wednesday, February 11th at 1pm for a lively discussion!

Don't have the book but would like to join us? There are copies at the Ashwaubenon Branch Library.



## MEET THE PATELS



Did you think arranged marriages were a thing of the past? They are most definitely NOT!

Join Ravi Patel on his journey in the modern age of an arranged

marriage, Indian style in Meet the Patels; Friday, February 21st at 9:30am.

This documentary will open your eyes to a new perspective of marriage and dating

while thoroughly entertaining you!

This film runs 1hr 28 mins.

Donuts & Coffee are provided by Humana.

This event is FREE!

## MEET THE UKULELE

Have you been wanting to learn the ukulele but were a little intimidated to join Conversational Ukulele?

Well Meet the Ukulele is the class for you!

Come in Thursday, February 20th & 27th at 12:30pm for a beginner course. These two classes will get you up to speed, so you can join Con-

versational Ukulele in March!

Don't have a ukulele? There will be a limited amount of loaners available to try.

Discover the joy of this tiny little 4 stringed instrument, sign up now!

The cost is \$5/adult.



## SENIORS 4 SENIORS

Are you looking to learn something new, that is pertinent to your life as a senior? Look no further than our non profit volunteer lead Seniors 4 Seniors.

Seniors 4 Seniors looks to connect Brown County Seniors with resources while tracking their concerns and planning for change. This group meets the 4th Wednesday of the month,

here at the Community Center at 1pm.

Sound interesting? Join Seniors 4 Seniors on Wednesday, February 26th and check it out!

This group is FREE to join.

*We would often be sorry, if our wishes were gratified.*

*Resop*

## CARD MAKING

You know how heart-warming it is to receive a hand-written card in the mail? Well this class is the opportunity for you to learn how to make simple cards that will be a joy for you to send. In each class Janice will teach a new design

layout and you will leave each session with four completed cards. The cards will be generic enough to be used for many occasions (e.g. thinking of you). Artistic talents are not required for this class. All you need to bring along is a fa-

vorite scissors and we will provide the rest of the supplies.

Class is held the 4th Tuesday of the month at 6:30pm and the following Wednesday at 9:30am.

The cost is \$5/person.



LOOKING AHEAD

Tuesday, March 4th: Matinee 1pm

Brooklyn

Wednesday, March 5th: Embroidery Club 9am

Tuesday, March 11th : Lunch & Learn 12pm

Some Tea About Tea

Wednesday, March 12th: Book Club 1pm

Friday, March 21st: Donuts & Documentaries 9:30am

Older than Ireland

Tuesday, March 25th: Card Making 6:30pm

Wednesday, March 26th: Card Making 9:30am

Wednesday, March 26th: Seniors 4 Seniors 1pm





# February 2025

Senior Events Calendar  
 Ashwaubenon Community Center  
 900 Anderson Dr.  
 (920) 492-2331  
[seniors@ashwaubenon.gov](mailto:seniors@ashwaubenon.gov)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Groundhog's Day	3 9am material girls club 10:30am active adults	4 8am tai chi 9am line dancing 10am brain center 10am knitting club 11:30am hand & foot 1pm matinee	5 9am walking club 10am/1pm mahjong 10am/1pm wii bowling	6 8am qigong 9am art club 9:40am senior stretch 10:30am active adults 1pm conversational ukulele	7 8:45am line dancing	8
9	10 9am material girls club 10:30am active adults 1pm hand, knee & foot	11 8am tai chi 9am line dancing 10am knitting club 12pm lunch & learn	12 9am walking club 10am/1pm mahjong 10am/1pm wii bowling 1pm book club	13 8am qigong 9am art club 9:40am senior stretch 10:30am active adults 1pm conversational ukulele	14 Happy Valentine's Day 8:45am line dancing	15
16	17 Presidents Day 9am material girls club 10:30am active adults	18 8am tai chi 9am line dancing 10am knitting club 11:30am hand & foot	19 9am walking club 10am/1pm mahjong 10am/1pm wii bowling	20 8am qigong 9am art club 9:40am senior stretch 10:30am active adults 12:30pm meet the ukulele 1pm conversational ukulele	21 8:45am line dancing 9:30am doughnuts & documentaries	22
23	24 9am material girls club 10:30am active adults 1pm hand, knee & foot	25 8am tai chi 9am line dancing 10am knitting club 6:30pm ballroom 6:30pm card making	26 9am walking club 9:30am card making 10am/1pm mahjong 10am/1pm wii bowling 1pm seniors4seniors	27 8am qigong 9am art club 9:40am senior stretch 10:30am active adults 12:30pm meet the ukulele 1pm conversational ukulele	28 8:45am line dancing	